

NUNS' ISLAND  
J.K.A. SHOTOKAN  
KARATE CLUB



CLUB DE KARATÉ  
J.K.A. SHOTOKAN  
DE L'ÎLE-DES-SOEURS

**Spring session;  
Session de printemps;  
29/03/2022 --- 04/06/2022**

Tue/Mar-Tennis Dojo	Thu/Jue-Elgar Dojo	Sat/Sam-Tennis Dojo
18:30-19:20	18:30-19:20	10:30-11:30
<p><b>Beginners*</b></p> <p>New students White/stripes-(10k) White/Yellow-(9k) Yellow-(8k) Orange-(7k)</p> <p><b>Débutants*</b></p> <p>Nouveaux étudiants Blanc/rayé-(10k) Blanc/Jaune-(9k) Jaune-(8k) Orange-(7k)</p>	<p><b>Beginners*</b></p> <p>New students White/stripes-(10k) White/Yellow-(9k) Yellow-(8k) Orange-(7k)</p> <p><b>Débutants*</b></p> <p>Nouveaux étudiants Blanc/rayé-(10k) Blanc/Jaune-(9k) Jaune-(8k) Orange-(7k)</p>	<p><b>Intermediate/Advanced*</b></p> <p>Yellow and up</p> <p><b>Intermédiaire avancé*</b></p> <p>Jaune et plus</p>
19:35-20:30	19:35-20:30	11:30-12:00
<p><b>Intermediate/Advanced*</b></p> <p>Yellow and up</p> <p><b>Intermédiaire avancé*</b></p> <p>Jaune et plus</p>	<p><b>Intermediate/Advanced*</b></p> <p>Yellow and up</p> <p><b>Intermédiaire avancé*</b></p> <p>Jaune et plus</p>	<p><b>Advanced*</b></p> <p>Brown &amp; Black</p> <p><b>Advanced*</b></p> <p>Brun &amp; Noir</p>
20:30-21:00	<b>NOTES;</b>	
<p><b>Advanced*</b></p> <p>Brown &amp; Black</p> <p><b>Advanced*</b></p> <p>Brun &amp; Noir</p>	<p><b>* Class concentration</b> Live streaming will come to end after <b>March 26<sup>th</sup></b></p> <p><b>REMARQUES;</b> <b>* Concentration de classe</b> La diffusion en direct prendra fin <b>après le 26 mars</b></p>	